

Bladder Health History Questionnaire

To all my patients: In my ongoing effort to provide excellence in women's health care, I am requesting all patients to please complete the following. Sometimes personal things are hard to talk about, but I would like to have this information as a permanent part of your record. All information is confidential.

1: Do you leak urine during a cough, sneeze, laugh, or any other physical activity?..... Y / N
2: Are there other types of activities that cause this to occur? _____

3: Immediately after you finish urinating, do you feel the need to urinate again?..... Y / N

4: Do you sometimes dribble just prior to, or just after urinating? Y / N

5: Do you leak spontaneously without warning? Y / N

6: Do you ever have sudden urges to urinate? Y / N

7: Do you leak if you have a sudden urge? Y / N

8: Do you use protective pads or diapers? Y / N

9: If so, how many per day? None 1-3 4+ Varies Type used _____

10: Have you ever tried Kegel exercises, Biofeedback, or another non-surgical treatment... Y / N

11: Do you have frequent urinary tract infections? Y / N

12: Have you ever had Blood in your urine? Y / N

13: Do you have pain when you urinate? Y / N

14: Does your urinary problem interfere with your daily activities? Y / N

15: Does your urinary problem interfere with your sexual activity? Y / N

16: Do you get up at night to urinate? Y / N

17: Do you ever leak urine at night? Y / N

18: Do you have children? Y / N

19: Have you completed your child bearing? Y / N

20: Were your children delivered by C-section? Y / N

21: Have you ever had a Gynecological or Urological surgical procedure? Such as a Bladder Suspension or Hysterectomy? Y / N

22: Have you had Radiation treatment of the pelvis? Y / N

23: If you had a Hysterectomy, was it performed through an Open Incision? Y / N

24: If Yes, were your Ovaries removed at the time of the Hysterectomy? Y / N

25: If Yes, Are you taking Hormone Replacement Therapy? Y / N

26: Do you currently smoke? Or have you smoked in the past? Y / N

27: How many times do you experience Incontinence Episodes in a day? 0 1-3 4+

28: How long ago were your first experiences of Incontinence? _____

29: Are you taking any Medication? Or, Over the Counter Drugs for this problem? Please list if any _____

30: Would you like more information about the new treatments available?Y / N